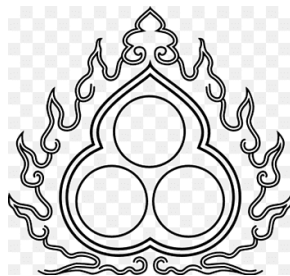


2.1 Teachings from the Buddha	
Buddha	One who is fully awake or enlightened ; 2. Siddattha Gotama
Dharma (Dhamma)	Teachings of the Buddha – universal truth or law
Tipitaka	Collection of scriptures
Khandhas	The five categories that make up a person .
Four Sights	Scenes the Buddha saw as a young prince. He saw a dead, sick, ill and holy man .
Dukkha	Suffering . It is the first of the Four Noble Truths.
Three poisons	Greed, anger and ignorance
Four Noble Truths	The four central beliefs in Buddhism: suffering, the cause of suffering, the end of suffering and the way to end suffering.



Lotus flower



Triratna – three jewels

2.2. Life after death	
nibbana	Nirvana is achieved when greed, anger and ignorance (three poisons) have been overcome.
samsara	'perpetual wandering' – cycle of rebirth
enlightenment	Understanding the truth of life
Wheel of life	Symbol that is used by Tibetan Buddhists to summarise Buddhist teachings of about samsara.

2.3 Influence upon actions	
Noble Eightfold Path	The way to end suffering outlined by the Buddha. It is also known as the Middle Way.
Middle way	A balanced way of life where the person does not rely on luxuries to make them happy but does not go without basic needs.
Five Precepts	Guidelines for living
Sangha	1) All those people who follow the teachings of the dharma 2) Bhikkhus and Bhikkhunis
Bhikkhu	Buddhist monk
Bhikkhuni	Buddhist nun
puja	worship
Mala beads	A string of beads used during puja