



## Parent/Carer Autism Online Workshops

Whether your child is awaiting a diagnosis or has already been diagnosed, these workshops are a great opportunity to learn more about Autism & ask questions within a supportive group of other parents & carers.

- **Monday 5<sup>th</sup> February - An introduction to Autism**  
An opportunity to explore what Autism is, the many strengths and the differences that make each child so wonderfully unique.
- **Monday 12<sup>th</sup> February - Communication**  
Identifying what communication is and the different communication methods that may be helpful for Autistic children.
- **Monday 19<sup>th</sup> February - Sensory Processing**  
Explaining the 8 sensory systems, how the environment can impact on a child with sensory processing differences/challenges and strategies to meet an individual's sensory needs.
- **Monday 26<sup>th</sup> February - Pathological Demand Avoidance**  
A look into the interesting subject of PDA, how this may present and what is the best approach to take to avoid conflict.

**Workshops will be held 7:30-8:30pm via Zoom.**

£25 per workshop for each family.

**To book your place...** Email [enquiries@theautismtrainingnetwork.com](mailto:enquiries@theautismtrainingnetwork.com)

Or scan the QR code

